



Knights of Columbus / Father Francis Syrianey Council #12567
10316 W. Bowles Ave, Littleton, CO 80127



"Respect All Life"

May 23, 2025

Brothers,

Father Francis Syrianey Council #12567 is asking for your council's support for the 14th annual Respect Life 5K Run/Walk on July 19th, 2025. The purpose of this event is to raise money for the Knights of Columbus Ultrasound Initiative Program to aid in the purchase of a 3D Ultrasound machine for a pregnancy crisis center in Colorado. 3D Ultrasounds have proven to significantly decrease the incidents of abortion if an expectant mother sees images of her unborn child.

The Respect Life 5K has become an annual event to raise awareness and support for this wonderful cause. We encourage anyone in your council who is interested to take part in the festivities, and to encourage others in your Parish to be a part of the celebration. There is a free pancake breakfast for all participants, volunteers, and supporters, prepared by Council #12567, after the race. All 5K participants receive a T-shirt and are entered in the prize raffle. There are also kid's activities throughout the morning.

As a council, you will have the opportunity to network with other Knights, Catholics, and "Lovers of Life" in a fun and positive environment. Various opportunities for support exist within the structure of the event with several donation and/or participation options (see below):

- Field a team(s) of runners/walkers:
 - K of C team - At least four Knights from the same council or assembly (no maximum #)
 - Parish team – A minimum of four individuals from the same parish, family, or religious organization (at least one female, no maximum #)
 - Can be a member of only one team (no double dipping!)
- Direct monetary donations:
 - Checks should be made out to "Knights of Columbus Council 12567" and mailed to the address below.
 - Online donations by credit card can be made through our website (see below)
- Donate gift cards or other items for the prize raffle

The Respect Life 5K event will take place at **Light of the World Roman Catholic Church, 10316 W. Bowles Ave., Littleton, CO 80127**, on July 19th at 8:00 am. Please feel free to contact us regarding any questions you may have via phone (303-638-4371) or email at respectlife5K@gmail.com. You can also register or donate online via credit card by going to our website at **www.respectlife5k.com**.

Consider this an official invitation and challenge from our council to yours to participate, donate, and/or volunteer in the 14th annual Respect Life 5K Run/Walk this summer. Our Lady of Fatima Council #9597 has won the Respect Life Cup the last three years, a traveling trophy given to the winning Knights of Columbus team. Do you think that your council has what it takes to win it from them? Thank you in advance and we hope to see you and members of your council, parish, and family on race day. If not, please consider a monetary donation for this worthy cause!

Vivat Jesus,
Race Directors – Respect Life 5K